

Syverson Pool



W122 Iron Street
Spring Valley, WI
(715)778-5605 after June 1st

Contact: Pool Mgr. Kelly Johnson
Home: 778-4335
Email: ekn3ms@svtel.net

Syverson Pool ~ 2016 Fees

	Season Pass	Daily Fee	Punch Card	Lessons
Child (Age 2-17)	\$75	\$3.00	\$25/10 punch	(see
Adult	\$80	\$4.00	\$35/10 punch	table
Family (immediate)	\$145	\$15	~	below)

Note: The "daily" fee applies to a full day of swimming.

- **FREE PROGRAMS** with the purchase of a season pass include:
Adult Lap Swim, Water Aerobics, Teen Night, and Family Night.
- Receive a **FREE** 5-punch guest pass with the purchase of a season pass!

Swimming Lessons ~ 2016 Fees

In Spring Valley School District:	\$39
*With the purchase of a season pass (family or individual/per child)	\$29
Out of District:	\$49
*With the purchase of a season pass (family or individual/per child)	\$39

- Swimming lesson fees are reduced with the purchase of a season pass and are also reduced for those who qualify for the free/reduced school hot lunch program.

Pool Season

- **Daily from June 1st – August 31st**

Beginning Wednesday, June 1st the pool will begin regular hours - daily from 1:30-5pm and 6-8pm. Adjusted hours of 4-8pm only on June 1st & 2nd may occur if SV Schools' last day of school is changed to June 2nd due to possible snow days. **(On July 4th the pool will be open 1:30-5pm only. We will be closed in the evening to enjoy the festivities & fireworks.)**

Red Cross Swimming Lessons

- **Session I: June 13-17 & 20-24 Session II: July 11-15 & 18-22 (Cost: see above)**
Classes for levels I-VI are taught from 9am & noon. Guard Start (a pre-lifeguarding course) will be held Session II only from 11-noon. Our Parent/Child Aquatics (pre-school swimming) classes will be held from 5:15-5:45pm both sessions.
- **On-line registration begins April 15th at 12noon at www.springvalley.k12.wi.us.**
- **An SVSD Family Access Code is needed to register on-line. If you do not know your Family Access Code, go to the SV school district website and select the Family Access icon on the left. Once at the login screen, choose Forgot your Login/Password? Another screen will pop up where an e-mail address can be entered, and login and password information will then be e-mailed to you. Please note: the elementary office does not have access to Family Access passwords. If you have any trouble logging in, please contact the SV Elementary office at 778-5602.**
- **Paper registration begins Monday, April 18th and can be sent to SV Elementary.**
- **If you have questions about lessons, level placement for your child, or reduced fees please call or email Pool Manager Kelly Johnson before registering.**

Swimming Lesson Test-Out Dates

- **Saturday, June 4th from 9-11am and Tuesday, June 7th from 5-6pm.**
(Cost: FREE)

It is our goal at Syverson Pool to have children placed in the appropriate levels before swimming lessons begin. Since children develop at different rates and often develop necessary growth and swimming skills between seasons, we offer this free service. So, if your child received a test-out notation last year, if he/she has had marked growth or improvement since last summer, or if your child has not taken lessons before please come to test-out. One of our certified Water Safety Instructors (WSIs) will observe your child's swimming skills and place him/her in the appropriate level. Please bring last year's Skills Sheet if you have it and come in any time either on the 4th (9-11am) or 7th (5-6pm) – test-out should take about 15-20 minutes.

Parent/Child Aquatics II

- **Session I: June 13-17 & 20-24 ~ 2wks (M-F) from 5:15-5:45pm**
- **Session II: July 11-28 ~ 3wks (M/T/TH) from 5:15-5:45pm**
(Cost: \$39, \$29 with a season pass, reduced if free/reduced school lunch qualifier)

The Parent/Child Aquatics II (pre-school swim) class is offered for parents and their children – recommended age 3 - 5yrs. The class is designed to acquaint both children and parents to the world of kids in the water. You will have relatively quiet water in which to work on swimming skills with your child. The focus of the class is for children to become adjusted to and comfortable in the water, and for parents to learn how to best help their children learn how to swim. You'll learn about the "Plug your nose!" myth and you'll also learn important techniques for making learning to swim fun and safe for your child.

Lifeguard Training ~ Red Cross Program

- **LGT: July 25-29 & August 1-5 from 9am to noon**
- **Call the pool at 778-5605 between June 1st and July 8th to register. (Cost: \$90)**

Learn the skills to become a professional rescuer . . . including lifeguarding, CPR, first aid, and more. Lifeguarding can be a rewarding job for teens, college students, and adults. The American Red Cross requires that a student must be at least 15 years of age in order to pass this class, but Wisconsin state law requires a student to be 16 years old to lifeguard. A swimming prerequisite will be completed on the first day of class. Class fees include the lesson fee, a Lifeguard Training manual, and a CPR pocket mask.

Adult Swimming Lessons

- **Adult Lessons: Wed. evenings June 15, 22, & 29 from 8:15-9:15pm (Cost: \$30)**

You're never too old to learn how to swim!! In adult lessons, you'll begin to feel comfortable and confident in the water as you learn about the physical properties of water and the natural buoyancy of the human body. Learn to enjoy the water and learn to swim . . . you'll be so glad you did! Classes are individually paced. Call pool manager Kelly Johnson with questions or for more details.

Family Fun Night

- **Family Fun Night: Sunday evenings from 7:30-8:30pm starting June 12th**
(Cost: FREE with a season pass or \$1 per person drop-in fee)

This is a special time just for parents and their kids to swim together without the crowds. Come & spend some quality time with your kids having fun in the water! We will offer the use of our fun pool toys and great family-friendly music. **(Music & fun toys will be brought out from 7:30-8pm for those children whose parents are unable to come for Family Night. When the whistle blows at 8pm and unaccompanied guests leave, the remaining parents/guardians should be in the water participating with their children until the event ends at 8:30pm. Please honor the intent of the event!)**

Teen Night

- **Teen Night: Monday nights throughout the summer from 8:15-9:15pm (Cost: FREE with pass or \$1 drop-in fee)**

This program has been a great hit with teens, as they get to swim with their friends, listen to great music, and play with the pool's fun toys! The teen nights will begin with **Middle School Teen Night (students entering grades 6, 7, & 8) on June 13th**, and will continue with the **High School Teen Night (students entering grades 9-12) on June 20th**. The teen nights will alternate MS/HS throughout the summer. **All pool rules still apply! ☺**

Adult Lap Swim

- **Adult Lap Swim:**
 - ~ **Tuesday/Thursday mornings (SWIMMING LESSON MORNINGS ONLY) June 14, 16, 21, 23; July 12, 14, 19, 21, 26, 28, & August 2 & 4 from 7:30-8:30am**
 - ~ **Every Tuesday/ Thursday evening from 8:15-9:15pm beginning June 14th. (Cost: FREE w/pass or \$1 drop-in fee)**

This is a great opportunity for adults to exercise without having to fight the crowds!

Water Aerobics

- **Water Aerobics: every Tuesday/Thursday evening from 8:15-9:15pm beginning June 14th (Cost: FREE w/pass, \$35 10-punch card option, or \$4 drop-in fee)**

This is a wonderful low-impact water workout! Water exercise is great for the body and mind ~ the water keeps you cool, its buoyancy causes less stress on your joints than regular aerobics, and its resistance enables you to get a great muscular and cardiovascular workout. It's great for both men and women. Come join the fun!

Synchronized Swim Team

- **Synchronized Swim Team practices will be held every weekday for one week, beginning Wednesday, July 13th from 12:15-1:00pm with a performance on Wednesday, July 20th at 8:15pm. (Cost: \$10)**

Both boys and girls going into **2nd grade and older (need to have passed swimming test for the deep end of the pool)** are invited to join in creating a synchronized swim routine and diving show to music. Practices will culminate with a performance night in front of parents, friends, and spectators.

Mock Emergency

- **To Be Announced (The pool will close at 7:30pm for the mock drill.)**

We'll be holding a staged emergency to allow our pool staff and local emergency services personnel to practice rescue skills. Come see your local professional rescuers in action!

Rent the Pool!

- **Rental Fee: \$50/hr for up to 25 rental participants (\$2 per additional participant)**
- **Days and times offered: most Saturdays (10am – 12:30pm), weekdays when swimming lessons are not in session (10am – 12:30pm), some Wednesdays (8:15-9:15pm), and Friday through Sunday (8:15-9:15pm).**

Renting the pool is a great idea for birthday parties and group outings! A picnic area outside pool on the pool property is available for serving food. All pool rules still apply!

**Watch for more pool news in the
Spring Valley/Elmwood Sun-Argus & on-line at
www.springvalley.k12.wi.us - click on "Community".**

Syverson Pool Rules

- Do not enter the pool if you have a contagious condition or an open wound.
- No food, drinks, or gum are allowed in the pool house or on the pool deck. (Clear water in unbreakable containers is allowed.)
- Glass and shatterable items are prohibited in the pool area.
- **Everyone must shower before entering the pool and after using toilet facilities.** Shower use must not be abused – shower only before entering, after toilet, and before leaving. Please be mindful of not wasting our precious natural resource – water! Continued excessive use after warnings will result in disciplinary action.
- No tobacco or alcohol products allowed on school property (pool grounds or parking lot).
- Animals are not allowed in the pool house or swimming pool area.
- Please do not run or engage in rough play in the pool house or pool area. Walk please!
- Diaper changing on the pool deck is prohibited – diaper changing facilities are located in both locker rooms. **Any child not toilet trained must wear a “Little Swimmer” and plastic pants.**
- **Any child under the age of eight must be accompanied on the property by an adult or a responsible babysitter (at least 12 years of age) who will maintain supervision of the child in the pool.**
- **Any child under the age of four must be accompanied in the water by an adult.**
- **Anyone under 18yrs. must complete a swimming test in order to swim in the deeper sections of the pool.** (See “Swim Test Procedure for details.)
- **For safety reasons, adults may only take children who have not passed the required swimming test into the 1st & 2nd sections of the pool.**
- Foul language and/or behavior will not be tolerated – both will be subject to discipline.
- Please do not hang on or sit on the safety ropes – they are to be used only in an emergency.
- Please do not distract the lifeguards, speak to them only when necessary. Questions should be directed to the office staff.
- Flotation devices (PFD’s, “floatie” arm bands, blow-up tubes, etc.) are not allowed in the pool during regular open swim hours.
- The pool provides diving toys and sponge balls for patron use. Patron pool toys need to be approved by a supervising lifeguard.
- **No diving in the 1st, 2nd, & first half of the 3rd sections. In order to reduce the risk of head, neck, & back injuries diving is only allowed beyond 7ft. deep.**
- **Only front jumps & dives off of the side of the pool – back dives, flips, cannonballs, etc. may be done off the diving board.**
- Safety equipment must not be moved or used by unauthorized persons.
- **A patrons who is breaking a rule will be re-directed and given a warning, but will be subject to disciplinary action if a lifeguard’s re-direction is not followed.**

Diving Board Rules

- One person on the diving board at a time – others must wait on deck.
- One bounce on the board only – safety first!
- Front jumps, dives, flips, back dives, etc. are allowed off the board. Only front jumps and dives are allowed from the pool deck.
- Do not hang from diving board.
- Make sure area in front of and under diving board is clear before jumping.
- Jump straight off board - then swim directly to ladder and exit pool.
- No free swimming is allowed at any time under diving board or in diving board area.

Disciplinary Procedure

A patron breaking a rule will be asked once to refrain. If the rule is broken again, the patron will be asked to sit out of the pool for a designated period of time - depending on the age and behavior of the patron. If poor behavior persists or if more serious behavior occurs initially, this procedure will be followed:

- 1st offense – patron out from the pool for 24 hours and parent/guardian notified
- 2nd offense - patron out for one week and parent/guardian notified
- 3rd offense – patron out for the remainder of the season and parent/guardian notified

Swim Test Procedure

If you would like to swim in the pool and are under the age of eighteen, you must complete a swimming test that is monitored by a lifeguard. You may complete one test that will enable you to swim in the entire pool, or you may do tests for each section of the pool. There is no swimming requirement for the first section of the pool.

1. Go to the appropriate section of the pool and ask the lifeguard if you could take a swimming test. (If the pool is extremely busy, the lifeguard may ask you to wait.)
2. Listen to the directions the lifeguard gives. When the lifeguard instructs you to, enter the water and swim near the safety line while completing the swimming test.
 - 2nd Section – Swim 1 lap on your front or side without touching the bottom of the pool. Then, demonstrate your ability to back float.
 - 3rd Section – Swim 2 laps on your front or side. Demonstrate your ability to back float. Demonstrate your ability to tread water for 30 seconds.
 - 4th Section – Swim 4 laps on your front or side. Demonstrate your ability to back float. Demonstrate your ability to tread water for 1 minute.

Note:

- One lap consists of swimming across the pool and back.
 - During the swim test you may pause between laps for 5-10 seconds at the side of the pool.
 - In order for the swim test to be valid, you may not touch the bottom of the pool or grab the safety lines while you are swimming – unless your path is impeded by another swimmer.
 - You may complete the swim test using any stroke on your front or side.
3. Once you have successfully completed and passed a swim test, your name will be recorded by our staff. You will be able to swim for the rest of the summer in the sections of the pool for which you have passed a swimming test. Patrons are required to take the swim tests each summer. Thank you.

**Please feel free to call with any
questions, concerns, compliments, or ideas.
Let's have a great summer at the pool!**

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